

MEDICAL EXAMINATION



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**Coral Cove
0800 183 0023**

This leaflet is aimed at Children and young people and their carers attending for a medical examination.

This leaflet aims to explain what will happen when you come to the children and young people's suite and how we can support you.

Why do I have to come?

The Police, social worker or our medical team have asked for you or your child/young person to attend for a medical examination following a sexual assault or rape.

What will happen when I get there?

Sometimes you might arrive with a Police officer or a social worker, or you might meet them here. Other times you might arrive without any professional.

There is no waiting room, we will give you a specific time to arrive so you will not bump into anyone else, no one else will know you are coming here other than the professionals working with you. A specially trained crisis support worker or nurse will meet you at the door and be with you all the time you are with us, to guide and support you.

You will have a chat with one of our doctors who will ask some questions and explain absolutely everything about what they can offer you, it's important to remember you can choose whether you want have the examination, part of the examination or none at all.

And you can change your mind at anytime. The crisis support worker or nurse will help you make any decisions you are unsure about. There is no rush during the time you are with us. You will have all the time you need, we can take things at your pace.

What happens during the examination?

Depending on your examination, the Crisis support worker or nurse may ask you to pop a gown on and take you through to the examination room. When you are ready you can lie down on the couch (like the ones you see at your GPs) the doctor and the Crisis support worker/Nurse are the only people in the room, apart from anyone you have asked to come in to support you.



Depending on what has happened to you and what you agree to, the doctor will take some swabs to collect DNA. These are like long ear buds.



The doctor also checks on any injuries you may have, or any concerns you might have. **The doctor does not do any internal examinations on small children.** The doctor will explain everything they are doing. The crisis support worker/nurse will also be explaining everything and making sure you are ok at all times.

What happens after?

The medical team can offer you emergency contraception, HIV prevention medication, Hepatitis B vaccination, or any other medical treatment or care you might need. The doctor will chat to you about this when you are here.

We will also offer for you to get checked out for sexual infections, this might be with us at the time or closer to where you live in a few weeks depending on when the rape or assault happened. If appropriate we will also offer to make a referral for therapy support with specialist therapists in the area you live. We can also offer a CHISVA referral, they help support you with any practical support. This will explained in more detail when you are here, there is also more information on our website **www.emcypsas.co.uk** and we can give you more information before you leave.

If appropriate we will give you or your carer a call after three days to let you know of any referrals we have made, and what will happen next , see how you are and see if you have any questions. Our helpline is available 24 hours a day 7 days a week to answer any questions you might have 0800 183 0023.



Feedback

We appreciate and encourage feedback. If you need advice or are concerned about any aspect of care or treatment please speak to a member of staff or contact the Patient Advice and

Liaison Service (PALS):

Freephone: 0800 183 0204

From abroad: +44 115 924 9924 ext 85412 or 82301

Deaf and hard of hearing: text 07812 270003

E-mail: pals@nuh.nhs.uk

Letter: NUH NHS Trust, c/o PALS, Freepost NEA 14614,
Nottingham NG7 1BR

If you require a full list of references for this leaflet please email patientinformation@nuh.nhs.uk or phone 0115 924

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ext. 86623.

The Trust endeavours to ensure that the information given here is accurate and impartial.

HANNAH GAUGHAN EMCYPSAS